



John Köhl  
Psychologue spécialiste en psychothérapie FSP  
5 chemin Edouard Tavan,  
1206 Genève

## Welcome ! Here's What You Need to Know Before Your First Visit

### Insurance Coverage

If you have **international insurance**, please *disregard* the following information. Psychotherapy sessions are billed at the standard LAMal rate of CHF 12.90 per 5 minutes, applicable to Swiss insurance plans.

For patients with Swiss insurance, your therapy sessions are covered when you have a prescription from your doctor (either your general practitioner or a psychiatrist). Your first prescription allows for 15 sessions, and we can extend this if needed. Psychotherapy sessions are reimbursed at the standard LAMal rate (CHF 12.90 per 5-minutes), subject to your deductible and co-payment (10%).

Before we begin our sessions, please email a copy of:

1. Your medical prescription
2. Your Swiss health insurance card

Send these to: [jk@epfa.ch](mailto:jk@epfa.ch)

## **Finding Us**

I understand visiting a new office can be stressful, so here's exactly what to do when you arrive:

When you reach our building, you'll see a set of **red mailboxes** at the entrance. Look to the left of these mailboxes, and you'll find an intercom panel. My name is listed there - just press the button next to it to let me know you've arrived. This will also unlock the front door for you.

Once inside, our office is easy to find - we're right on the **ground floor**. When you step in, look for the elevator facing you, and our office door is just to the right of it.

Is there anything else you'd like to know about your first visit?  
[jk@epfa.ch](mailto:jk@epfa.ch)